



Sleep Study Instructions

The Sleep Center at Eastern Carolina Internal Medicine

A Sleep Study has been scheduled for _____

on _____ at _____ at the Eastern Carolina Internal Medicine Sleep Center.

Sleep Center at ECIM located:

ECIM – 2117 Glenburnie Road, New Bern, NC 28561

***Sleep Center Phone Number: 252-636-1001**

**This is an evening # only and intended for patients to utilize in the event that they need assistance locating the Sleep Center or notification of arriving slightly later than the scheduled time above. This is not a daytime working phone #.*

While we make every effort to contact you to confirm your sleep study, **you should call Eastern Carolina Internal Medicine at least 24 hours before your sleep study if you will be late or if you must cancel your appointment. If you call during regular business hours, (Monday through Friday, 8:30am – 5:00pm) please call 252-635-3267. If you are calling after 5:00pm or on a weekend, dial 252-633-1010.**

Your safety is important to us. If you are experiencing any sleepiness as a result of your sleep problems, please have someone drive you to and from your test; however, guests are not permitted to spend the night except in special circumstances with prior approval.

Listed on the other sheet is additional information regarding your sleep study and advanced preparations that you will need to make. Please read it carefully, but feel free to call our office if you have any questions: **Monday through Friday, 8:30am – 5:00pm call 252-636-3267; all other times: 252-633-1010**

ECIM Sleep Center is Partnered with
**UNITED SLEEP
MEDICINE**

A stylized graphic element consisting of a series of curved, overlapping lines that resemble a wave or a feather, positioned below the text 'UNITED SLEEP MEDICINE'.