



## **BED PARTNER'S (BP) QUESTIONNAIRE FOR EXCESSIVE DAYTIME SLEEPINESS**

**To the Patient:** Please have your BED PARTNER (BP) complete this form. Return it with the other forms.

**To the Patient's Bed partner:** Please complete this form, giving us YOUR observations of the patient's condition.

PATIENT NAME: \_\_\_\_\_

Your Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

- 1) What is your BP's problem? (Describe in Detail): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- 2) Does you BP snore? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, how long have you known your BP to snore (indicate month, years, etc.)?
- 3) Does he/she snore on his/her:  
Back No \_\_\_\_\_ or Moderately Loud \_\_\_\_\_ Very Loud \_\_\_\_\_  
Sides No \_\_\_\_\_ or Moderately Loud \_\_\_\_\_ Very Loud \_\_\_\_\_  
Stomach No \_\_\_\_\_ or Moderately Loud \_\_\_\_\_ Very Loud \_\_\_\_\_
- 4) Do you consistently sleep in the same bedroom? Yes \_\_\_\_\_ No \_\_\_\_\_  
If no, why? \_\_\_\_\_
- 5) How long have you sleep in separate rooms? (indicate months, years, etc) \_\_\_\_\_
- 6) Does your BP seem to stop breathing in his/her sleep? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, how long has this occurred? (indicate months, years, etc.) \_\_\_\_\_  
If yes, how long are the pauses in breathing? \_\_\_\_\_  
If yes, does he/she gasp for air afterwards? Yes \_\_\_\_\_ No \_\_\_\_\_
- 7) Does your BP move around in bed? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, does he/she toss and turn? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, are the movements small, regular, leg movements? Yes \_\_\_\_\_ No \_\_\_\_\_
- 8) Does your BP grind his/her teeth in his/her sleep? Yes \_\_\_\_\_ No \_\_\_\_\_
- 9) Is your BP sleeper than you most of the time? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, will he/she nap before bedtime? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, how often? \_\_\_\_\_ days per week or \_\_\_\_\_ days per month
- 10) Will your BP fall asleep?:  
In church Yes \_\_\_\_\_ No \_\_\_\_\_  
While driving Yes \_\_\_\_\_ No \_\_\_\_\_  
With company Yes \_\_\_\_\_ No \_\_\_\_\_

**THANK YOU FOR YOUR COOPERATION**